

MEN'S 2017 XC BEST TIMES OF THE YEAR

5K

Rank	Name	Year	Time	Avg. Mile	Meet
1.	Tyler Ranke	Jr.	16:19.9	5:15.4	Battle in Beantown
2.	Austin Sperl	Jr.	16:34.2	5:20.0	UAlbany XC Invitational
3.	Jeremy Carter	So.	16:34.4	5:20.0	Battle in Beantown
4.	Joey Somerville	So.	16:51.6	5:25.6	UAlbany XC Invitational
5.	Evan DeGraw	So.	17:38.4	5:40.6	UAlbany XC Invitational
6.	Matthew JeanPierre	So.	17:02.6	5:29.1	Battle in Beantown

8K

Rank	Name	Year	Time	Avg. Mile	Meet
1.	Ryan Udvardia	Sr.	24:14.5	4:52.6	Paul Short Run
2.	Kyle Gronostaj	Sr.	24:33.4	4:56.4	Paul Short Run
3.	Victor Ortiz Rivera	Fr.	24:45.6	4:58.8	Paul Short Run
4.	Jake Johnson	So.	25:19.9	5:05.7	Paul Short Run
5.	Charlie Ragone	So.	25:21.9	5:06.1	Paul Short Run
6.	Calvin Butlak	Jr.	25:29.1	5:07.7	Pre-Conference Meet
7.	Jonathan Gay	So.	25:39.8	5:09.7	Paul Short Run
8.	Keith Machabee	Sr.	25:40.7	5:09.9	Paul Short Run
9.	Tyler Ranke	Jr.	25:50.3	5:11.9	Paul Short Run
10.	TJ Murray	So.	25:58.4	5:13.5	Paul Short Run
11.	Christopher Perillo	Fr.	26:09.4	5:15.7	Paul Short Run
12.	Alec Ambruso	Jr.	26:55.2	5:25.1	Pre-Conference Meet
13.	Jeremy Carter	So.	27:08.2	5:27.7	Pre-Conference Meet
14.	Jay Bendlin	Fr.	27:46.8	5:35.4	Pre-Conference Meet
15.	Joey Somerville	So.	28:09.7	5:40.0	Pre-Conference Meet
16.	Matthew JeanPierre	So.	28:26.9	5:43.5	Pre-Conference Meet
17.	Austin Sperl	Jr.	28:26.9	5:43.5	Pre-Conference Meet

10K

Rank	Name	Year	Time	Avg. Mile	Meet
1.	Kyle Gronostaj	Sr.	32:31.0	5:07.4	Northeast Regional Championships
2.	Ryan Udvardia	Sr.	32:40.9	5:10.3	Northeast Regional Championships
3.	Tyler Ranke	Sr.	34:20.2	5:31.5	Northeast Regional Championships
4.	Jonathan Gay	So.	34:21.7	5:31.8	Northeast Regional Championships
5.	Victor Ortiz Rivera	Fr.	35:06.1	5:38.9	Northeast Regional Championships
6.	Jake Johnson	So.	35:11.5	5:39.8	Northeast Regional Championships
7.	Christopher Perillo	Fr.	35:45.4	5:45.2	Northeast Regional Championships